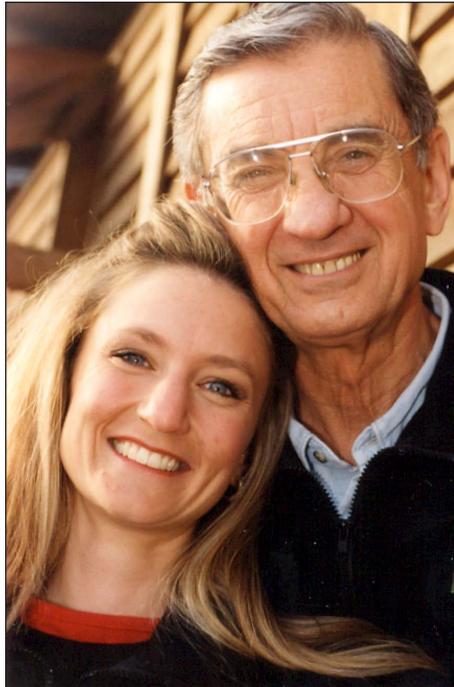


25 life lessons from our dad, Millard Fuller

(courtesy of Faith Fuller)

- 1) When the going gets tough, the tough gets going.
- 2) Treat everyone with dignity and respect.. no matter their color, race, religion or standing in life.
- 3) Live with courage.. stand up and speak up for what you believe. Being silent is just the same as giving your approval.
- 4) One person CAN make a difference.
- 5) Don't squander your time.
- 6) Live with integrity. Be honest. If you have a problem with someone, don't talk behind their back, go to them directly and work it out.
- 7) Be a giver. Give what you can to make the world a better place. Those who give are happier than those who don't give.
- 8) Follow, lead or get out of the way.
- 9) Don't live in fear. Don't make decisions out of fear.. make decisions from a place of love.
- 10) Don't worry about the future. God will provide. Have FAITH that everything will be OK. (Now, God didn't say to just sit on the couch watching TV and everything will be OK, you've got to get out there and try and that's when God will be with you)
- 11) Work Hard. Work very hard.
- 12) Love the world as much as you love yourself and your family. God does not see countries or borders.



- 13) Every human being has worth.
- 14) Do what you love and the money will come.
- 15) Don't waste your life in a job that has no meaning for you. Use your God-given talents to make a difference.
- 16) Be a peacemaker.
- 17) No whining — Don't be a victim and don't make excuses.
- 18) No such thing as "can't". Where there's a will, there's a way.
- 19) Always look on the bright side. Stay positive, don't give up.
- 20) Practice self-discipline — delay gratification.
- 21) Have a healthy body, both spiritually and physically. Exercise, eat healthy foods and go to church.
- 22) Stay true to your word. Don't

- say one thing and do another.
- 23) Live your life with a loving spirit and treat all people with kindness. Give people the benefit of the doubt. Expect the best in people.
 - 24) Practice forgiveness — forgive those who hurt you. Bitterness and resentment only hurt yourself.
 - 25) Do not covet money or material possessions.. in the end, they mean nothing.

Some things we noticed about our father:

- 1) He loved giving hugs. He was always showing great affection to my mom and to us kids and grandkids. And really, anyone who would welcome a hug from him.
- 2) What you saw in public is exactly how he was in private. We're not sure people fully understood that. To his core, he was an authentic, kind, loving and wonderful person.
- 3) He was absolutely obsessed with helping people.. that's all that really mattered to him.. helping as many people as possible. Whether it was a simple word of encouragement, a letter of recommendation, spiritual guidance in a time of crisis, sponsoring a young person to attend college, building a home for a family in need and perhaps the greatest gift of all — inspiring each of us to be better people. To put LOVE in ACTION.