

## Team Leader Information and Trip Details

### About the Trip Leader

Team leader name: Diana Judge  
Currently lives in: New Zealand  
Occupation: Tour Guide  
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### About the Trip

Location: Nepal  
Dates: Sept 28<sup>th</sup> to October 6<sup>th</sup> 2018  
Cost: \$1300  
Expected group size: 10-15  
Trip Number: 46023



Hi from New Zealand! This is my second time leading a Fuller team – the first one was to Peru in 2015 with an awesome team of New Zealanders and an Australian. We had a blast with the Fuller crew there who do an incredible job! While this is my second Fuller team, I have lead 51 build teams previously through my NZ based volunteer organization (Volunteer Build) to different places around the world including Fiji, Vanuatu, Cambodia, Vietnam, Peru, Uganda, Russia and Romania. We have done a lot of natural disaster relief in the Pacific after Tropical Cyclones as well as building for the poorest of the poor. Nepal has been on my bucket list for a long time especially after seeing the need post the devastating 2015 earthquake and I am honored to be able to partner again with Fuller and to lead a team there. No prior building experience is required, although if you have some that's awesome!

### **Nepal 2018**

If you are up for having an incredible time with some really fun kiwis (that's the nickname for New Zealanders) then we'd love to have you join us. We have an awesome core team of New Zealanders (guys and girls and a mix of ages from late 20's through to early 70's) already assembled for this build, and we are looking for a few others to join our team – how about coming with us? We have an adventurous streak so white water rafting and exploring in our free time is definitely on offer! If you want to stay on after the build to do some trekking then let us know as some of our team members are doing just that (from a hike in the Anapurnas through to Everest Base Camp for the super fit). You will need a reasonable level of fitness for this trip, so time to get into some light training!

The area of Nepal where we will work was the center of the deathly earthquake in April, 2015. Much of Kathmandu was destroyed, and if you've been there before, you will see many historical sites completely gone. The valley where we will be building is about a 3-5 hour drive away from KTM, depending on traffic. This valley suffered severe damage and there's a lot of rebuild already underway. What may not show are the lives lost, or the economic and physical factors that have affected the survivors. Many are still suffering, and thankfully, the Fuller Center for Housing, is hard at work with selecting families willing to partner with them to build a decent sustainable house. The first Fuller houses built were in this area BEFORE the earthquake and were still standing

amidst the rubble around them from traditionally built houses. You will be proud of what you come to do, and make new friends at the same time. The Fuller Center houses are built from concrete block with reinforced steel.

The director of the Nepal chapter and our host, Samuel, has a staff of young committed people who see the impact of the Fuller Center on the everyday lives of local Nepali families. They are eager to help the team in anyway, through translating and working at worksite, side by side with us. Samuel is also the architect of the new approach to building earthquake resistant homes, and has been an inspiration to others in the community to build with similar sustainable methods.

**Schedule:**

Make your flight plans to arrive on Friday 28<sup>th</sup> of September – as that is when the NZ team arrives. We will stay overnight in Kathmandu, and then travel the next day by vehicle to Trishuli, Nepal. We will have a day off to explore the area (white water rafting anyone?) on Sunday.

We will work for five days (Monday to Friday); & Saturday we will return to Kathmandu for everyone to start their optional excursions or start their homeward journeys. During our work days, we will also take breaks to meet the local people, learn about their daily lives and activities, visit the schools, and learn more about how the Fuller Center for Housing has affected this community in so many ways.