

Age Requirement Guidelines

Regular

Under 12: Typically not permitted, but special permission may be requested to come with a parent. Cannot work on worksite so requires special arrangements.

12+: OK with a parent/guardian. Must be approved by the Team Leader and Country Host

14+: OK with a chaperone (1:4 minimum ratio). Must be approved by Team Leader, and have a release signed by a parent/guardian.

18+: Able to join as an adult

*We have no upper age limit for joining, but participants of any age should ensure their physical capability for undertaking the journey. As a policy of the insurance that you receive with your trip, those age 80+ receive greatly reduced coverage. Details are in the insurance benefit guide in your guidebook and available upon request.

Countries with a Travel Warning by the U.S. State Department

No one under age 14.

14+: requires a parent/guardian traveling along

